

How Do I Get Started?

Contact your clinician at Gratiot Integrated Health Network. They will guide you through the Self-Directed process and provide you with additional information including:

- Hiring and managing employees
- Roles and responsibilities of the employer (consumer), GIHN, and the financial management service
- Medicaid requirements
- Completion of the employment packet
- Required and voluntary trainings
- Termination of a self-directed service (voluntary or involuntary)



Hours of Service

Monday and Wednesday
8:00 a.m. to 7:00 p.m.

Tuesday, Thursday, Friday
8:00 a.m. to 5:00 p.m.

Emergency Services Available

24/7

989-463-4971

1-800-622-5583

Michigan Relay Center

1-800-649-3777

Customer Service

989-466-4192

Gratiot Integrated Health Network
608 Wright Avenue
Alma, MI 48801

224 North Mill Street
St. Louis, MI 48880

Find us on social media!



Learn more about Gratiot Integrated Health Network and see the complete list of services and descriptions on our website:

www.gihn-mi.org



GRATIOT INTEGRATED
HEALTH NETWORK

Self-Directed



Services

A Service Delivery Method



Support



Empowerment



Choice



Self Determination

Is the right of all individuals to have the freedom to define the life they want and to be supported in directing the services they need.

Services that can be self-directed include but are not limited to:

- Community Living Supports
- Respite
- Supported Employment
- Therapy

It's about:

Freedom: To plan your life with the supports you want and need

Authority: To work in partnership to make choices about how resources are used to buy supports and services

Support: To arrange your services and supports to assist you in meeting your goals and live within your community

Responsibility: To accept a valued role in your community through employment and affiliations, as well as being accountable for the wise and careful use of public dollars

Confirmation: Having an active role in your own life

Self Directed Service

Is the act of selecting, directing, and managing one's services and supports. People who self-direct their services are able to decide how to spend their CMH services budget with support, as desired. Self-Directed Services are a partnership between the community mental health service provider (Gratiot Integrated Health Network—GIHN) and the individual.

How Does Self-Direction Work?

Using the person centered planning process, the individual identifies the services he/she would like to self direct.

The individual plan of service (IPOS) must include:

- Personalized goals and objectives focused on a life worth living
- Individual budget
- Services chosen to self-direct
- Supports chosen to help in directing their services
- How services will continue without interruption/ staffing back-up plan
- How the service will be documented
- Additional trainings to those required by the Michigan Department of Health and Human Services

- Identification of the Financial Management Services (Fiscal Intermediary or FI)
- Option of a supports broker

Why Should You Self-Direct Services?

- Increase involvement of natural supports (friends and family)
- Make your choices and preferences heard
- Increase independence and community involvement
- Encourage responsibility and creativity with limited resources
- Build real relationships with people you want to spend time with
- Reach your dreams
- Feel people have listened to you
- Feel proud of who you are

